

A head start on a healthier you with your Healthy Start checkup

Your first step to better health begins with a head-to-toe Healthy Start™ checkup. At this important first appointment, your Carelon Health doctors, nurses, and other providers get to know and understand you and your health goals, so they can help you reach them. This closer look at your health includes:

- Preventive screenings.
- On-site lab testing.
- A review of your medicines.
- A connection to specialty care, if needed.
- An assessment of your behavioral health.
- A review of your movement and balance.
- A review of health and wellness programs to take care of ongoing health problems.
- An introduction to all Carelon Health care programs and services available to you.

Your Carelon Health primary care doctor, nurse, and other providers will use this information to create a personal care plan to help you live your healthiest life.

Carelon Health Care Centers in Southern California

Carelon Health Apple Valley

19059 Bear Valley Road #A
Apple Valley, CA 92308
760-515-5000

Carelon Health Downey

10000 Lakewood Blvd.
Downey, CA 90240
562-862-3684

Carelon Health Fullerton

1521 S. Harbor Blvd.
Fullerton, CA 92832
714-399-9222

Carelon Health La Mirada

15034 Imperial Highway
La Mirada, CA 90638
562-902-4929

Carelon Health Lawndale

15230 Hawthorne Blvd.
Lawndale, CA 90260
424-269-3600

Carelon Health Long Beach

4540 E. 7th St.
Long Beach, CA 90804
562-344-1150

Carelon Health Downtown LA

303 S. Union Ave.
Los Angeles, CA 90017
213-355-2600

Carelon Health West LA

3711 S. La Brea Ave.
Los Angeles, CA 90016
323-596-4800

Carelon Health Montebello

2444 W. Beverly Blvd.
Montebello, CA 90640
323-201-4130

Carelon Health Santa Ana

1945 E. 17th St., Suite #101
Santa Ana, CA 92705
714-888-8900

Carelon Health Upland

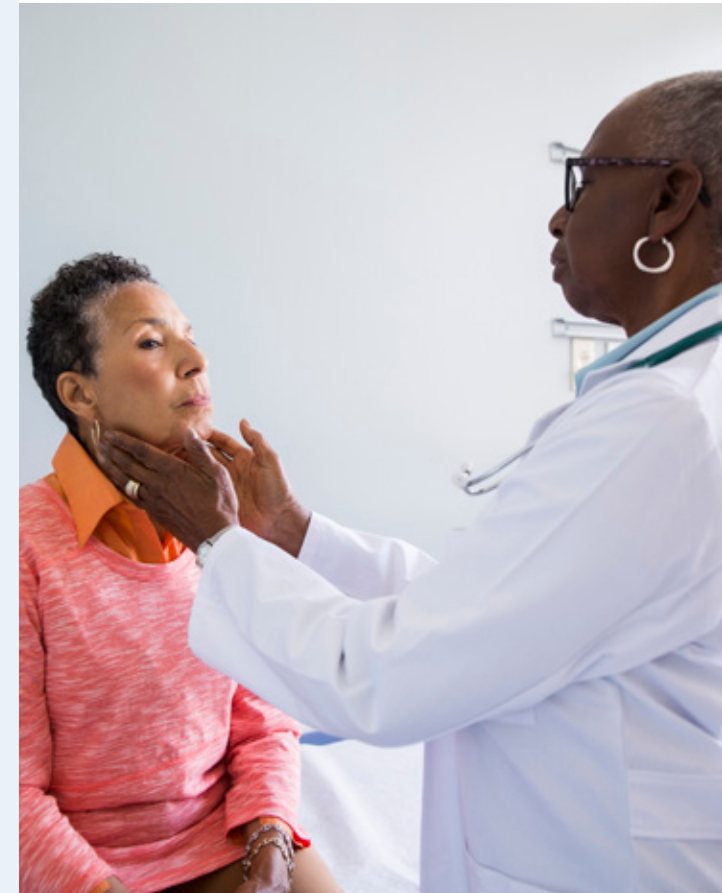
141 W. Foothill Blvd.
Upland, CA 91786
909-296-8800

Carelon Health West Covina

301 S. Azusa Ave.
West Covina, CA 91791
626-214-2600

Carelon Health Whittier

9209 Colima Road #1000
Whittier, CA 90605
562-696-1104



Whole-health care created just for you

We support your whole health at every stage of life

Your Carelon Health care team will help you be your healthiest by:

- Creating a care plan just for you, based on your health needs and goals.
- Helping you get the right care you need, when and where you need it.
- Spending extra time to get to know you and your health during unrushed care visits.
- Supporting every part of your health and well-being including physical, emotional, and social, from nutritional needs to financial issues to family relationships.

Your entire care team is focused on you

Your care team includes doctors, nurses, and other providers. Social workers, pharmacists, community health workers, case managers, and specialists will also help you reach your highest level of health.

Get complete care for ongoing health problems

If you're living with long-term health issues, we can help you manage them with:

- Nationally recognized disease management programs.
- Prevention programs to keep you healthy, including medicine reviews and healthy lifestyle programs like Nifty after Fifty®.
- Care where and when you need it — in our Carelon Health Care Centers, virtually, at home, or in a nursing center or hospital.



SCAN HERE

Visit us at
[carelonhealth.com](https://www.carelonhealth.com)

Programs and services vary by market.

